



THE MARYLAND-NATIONAL CAPITAL PARK AND PLANNING COMMISSION

Department of Parks and Recreation

6600 Kenilworth Avenue Riverdale, Maryland 20737

2010 TEEN COTILLION PARTICIPANT APPLICATION

Name				Age	Grade	Circle One	
						F	M
Address	City	State	Zip	Participant's Contact Information			
				(H)	(Cell)		
				(Email)			
Community Center				Are You Involved in the Xtreme Teens Program? <i>(Circle one)</i>			
				Frequently	Occasionally	New Member	
Parent/Guardian Information							
Name		(Work)		(Home)			
(Cell)		(Email)					
Parent/Guardian Information							
Name		(Work)		(Home)			
(Cell)		(Email)					
Parent/Family Dance Partner:							
List Extra Curricular Activities/Volunteer Involvement (include frequency, i.e., once a week):							

Deadline to apply for selection is November 30, 2009

In addition to being a Prince George's County resident, between the ages of 14 and 17 (**age as of Jan 8, 2010**), and have a M-NCPPC Free Youth ID card, another requirement of the selection process is a response to an essay question. The essay question is on the back of this form and must be typed on a separate sheet of paper. Your essay should be limited to no more than 500 words. **Please submit application, and typed essay response together as one packet.**

<i>To Be Completed By M-NCPPC Staff:</i>		_____ Facility Submitting Application
_____ Date Submitted to Community Center		_____ M-NCPPC Youth ID Confirmed
_____ Staff Receiving Application		_____ Date Received by Go-To Person

The Department of Parks and Recreation encourages and supports the participation of individuals with disabilities. Register at least two weeks in advance of the program start date to request and receive an accommodation.

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Please type your answer to the following essay question on a separate sheet of paper:

A recent Research Brief published by Child Trends and titled, "Mentoring: A Promising Strategy for Youth Development," found that youth who participate in mentoring relationships experience a number of positive benefits. In terms of educational achievement, mentored youth have better attendance; a better chance of going on to higher education; and better attitudes towards school. In terms of health and safety, mentoring appears to help prevent substance abuse and reduce some negative youth behaviors. On the social and emotional development front, taking part in mentoring promotes positive social attitudes and relationships. Mentored youth tend to trust their parents more and communicate better with them. They also feel they get more emotional support from their friends than do youth who are not mentored.

(1) Please discuss the importance of mentoring and your personal involvement in the mentoring process either as a mentor or mentee. (2) Please also describe what impact has mentoring had on your life? (3) What qualities would you demonstrate if you were a mentor.

Applications will be judged on the following criteria:

- ▶ Proper grammar, spelling and content
- ▶ Extra Curricular Activities/Volunteer Community Involvement
- ▶ Xtreme Teen Participation
- ▶ Age

Participants must be able and willing to meet the following with or without an accommodation:

- ▶ Learn and perform, with a partner, simple to moderate dance routines.
- ▶ Listen respectfully in a classroom setting for approximately one hour.
- ▶ Follow the direction of the Teen Cotillion staff/instructor/volunteer.
- ▶ Stay with the group while on site and on outings.

All applications must be submitted by November 30th, 2009 via:

In person at any M-NCPPC Facility

A non-refundable \$50.00 fee for participation will be due upon selection.

For any further information, please do not hesitate to call the Special Program Division at 301-446-3400 or email: pgxtremeteens@pgparks.com